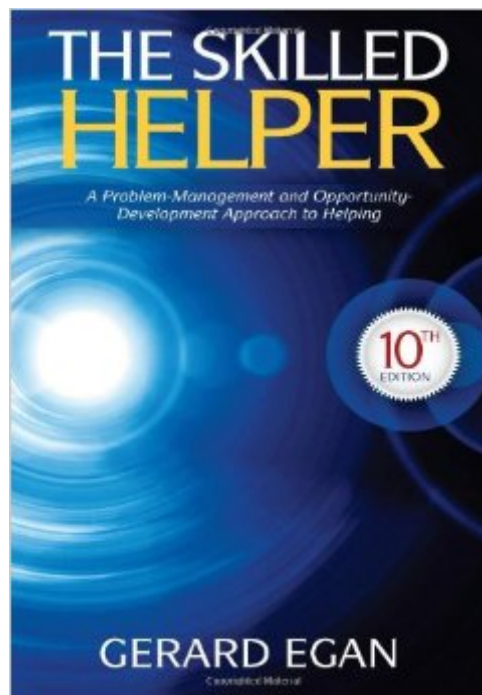


The book was found

The Skilled Helper: A Problem-Management And Opportunity-Development Approach To Helping (HSE 123 Interviewing Techniques)



Synopsis

Over the past 30 years, Egan's THE SKILLED HELPER has taught thousands of students like you a proven, step-by-step counseling process that leads to increased confidence and competence. Internationally recognized for its successful problem-management and opportunity development approach to effective helping, the text emphasizes the collaborative nature of the therapist-client relationship and uses a practical, three-stage model that drives client problem-managing and opportunity-developing action. As you read, you'll also gain a feeling for the complexity inherent in any helping relationship. In this tenth edition, Egan now makes use of his version of the "common factors" approach, which gives new meaning and vitality to the book's themes, as well as to the use of the problem-management model to organize and give coherence to those themes. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>.

a collection of symptoms or problems)5) It addresses the goal of the client "outgrowing" the therapy relationship (without a lot of heady jargon, this really addresses the boundary, ethics and counter-transference issues that can derail therapy and professional careers)Excellent resource for training new clinicians and for refocusing more experienced "helpers".

I find this book very useful as it extensively covers lots of topics in counseling with a person-centered perspective. it's really easy to understand and practical as it has lots of counseling dialog as examples for readers. I would definitely recommend beginners in counseling & people who are interested in the person-centered perspective.

This book is wonderful. It was assigned reading for a course I voluntarily took to improve my professional consulting skills. The book is full of valuable information that is easy to read yet full of depth. With some practice I have made this a regular part of my life, and my

Overall a great introduction to counseling. It is not really a theory but a framework approach to helping through which each counselor can work in their own way to help clients. From what I can see, there isn't a whole lot of change to the theory itself from edition to edition. What seems to change is the examples that are used (to make them more relevant to the age) and the use of technology. Overall, very easy read with great general information.

This book was required reading for my class that accompanied my practicum. I had already taken all of my core classes and was now in the field. For me the information was either common sense or repeated from several of my past courses. I was well-written and an easy read so he might be helpful for those who need a refresher or are recently started mental health studies.

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(HSE 210 Human Services Issues)

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